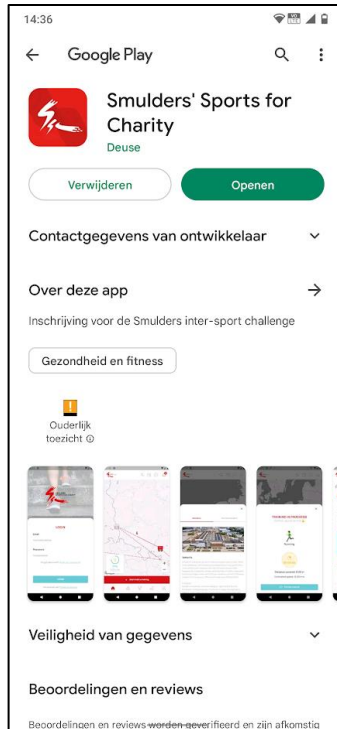


# Smulders Sports for Charity

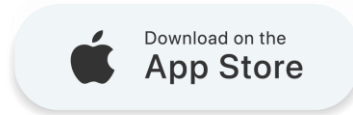
Instructions to download and use the app

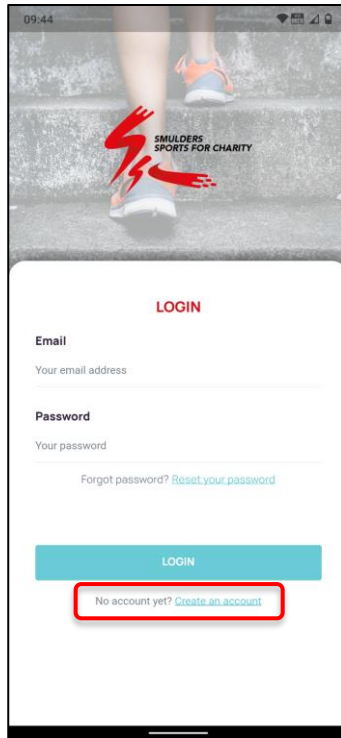




Go to the App Store (Apple) or Play Store (Android) and search for "Smulders Sports for Charity" (or scan the QR codes below).

Download and install the Smulders Sports for Charity app.

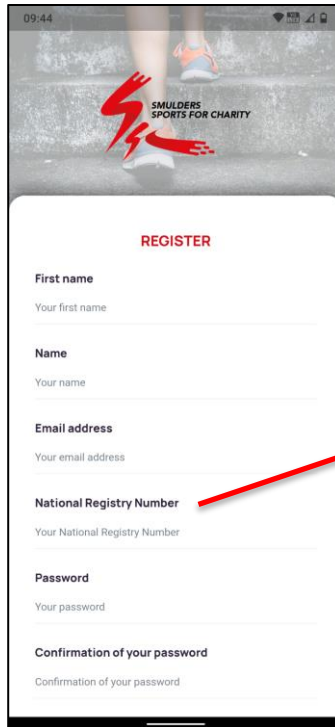




Open the app and create a new account.

At the bottom, click "Create an account".





09:44

SMULDERS  
SPORTS FOR CHARITY

**REGISTER**

**First name**  
Your first name

**Name**  
Your name

**Email address**  
Your email address

**National Registry Number**  
Your National Registry Number

**Password**  
Your password

**Confirmation of your password**  
Confirmation of your password

A red arrow points from the "National Registry Number" field to the list of numbers on the right.

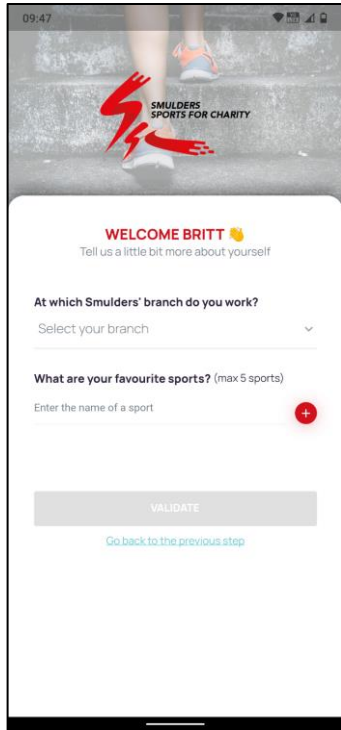
Enter the requested data. In the "National registry number" box, enter the following personal number:

- **Iemants, Willems, SPB:** national register number
- **SPU & SLPE:** NI number
- **Spomasz:** local ID system number
- **Angus:** Aadhar Number

These numbers are registered in the app management allowing you to create a profile.

Problems? Send an email to [ssc@smulders.com](mailto:ssc@smulders.com).



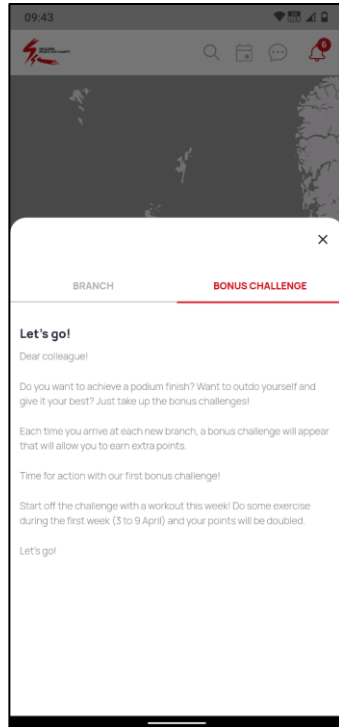
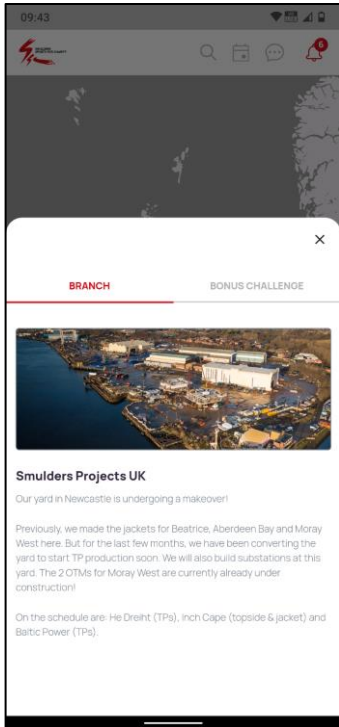


After signing up or logging in, you will be taken to the app's home screen.

On this screen, you will see the route we will take together. We will visit all of Smulders' branches.

At the bottom of the page, you can see the challenge progress in points and percentage.

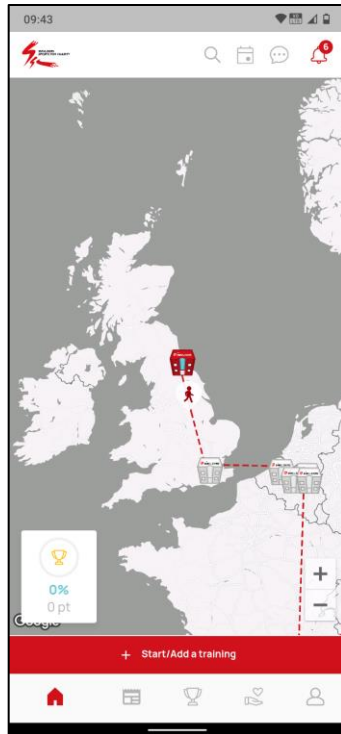




Once the branches are red, you can click on them to get more information about the branch and the bonus challenge.

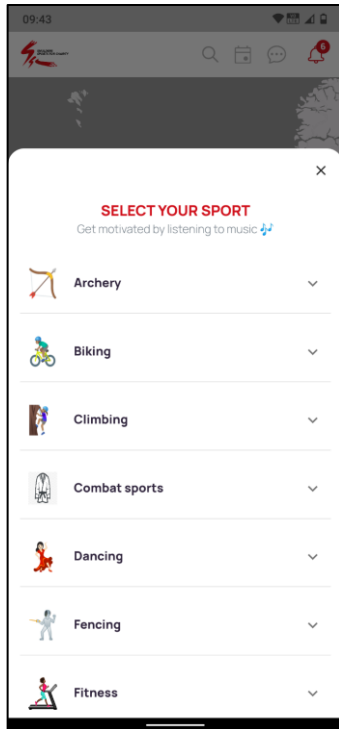
For each branch, there is 1 bonus challenge that is activated from the moment we arrive at the new branch. If you do that bonus challenge, you will receive extra points.





Click the red button at the bottom to start or register a workout.

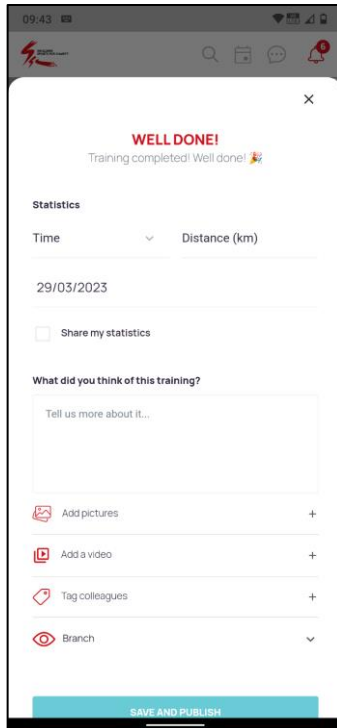




Choose your sport. As you can see, there are a lot of sports in the list.







09:43

WELL DONE!  
Training completed! Well done! 🎉


Statistics


Time ▾ Distance (km)


29/03/2023


Share my statistics

What did you think of this training?  
Tell us more about it...

 Add pictures +

 Add a video +

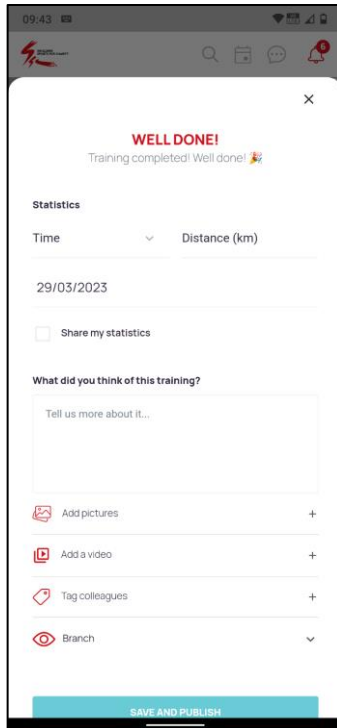
 Tag colleagues +

 Branch ▾

SAVE AND PUBLISH

You can enter how long you exercised and possibly the distance. Tell us a bit more about your training, add photos or videos and tag a colleague. Finally, you can indicate which audience you want to post this message for. For the whole group, just your branch or privately. Now click save and publish to post it on your timeline.

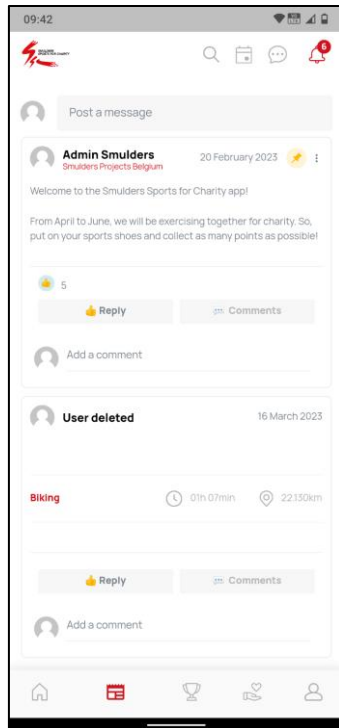




It is not possible to link the Smulders Sports for Charity app to Strava (or similar).

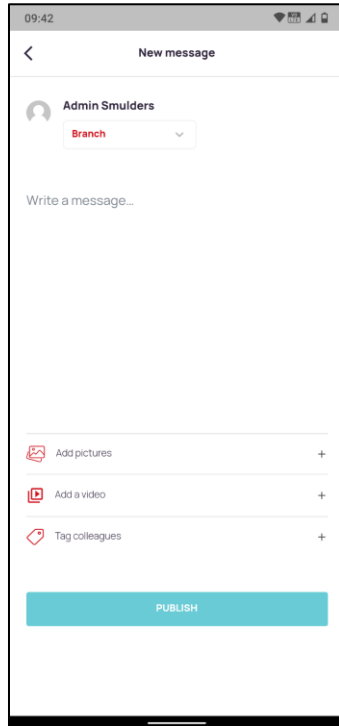
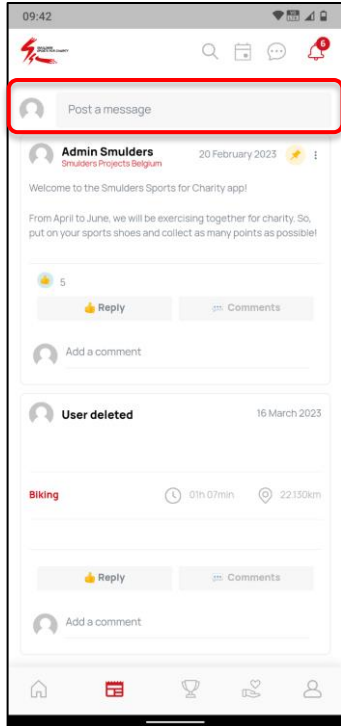
You always have to manually enter the necessary information.





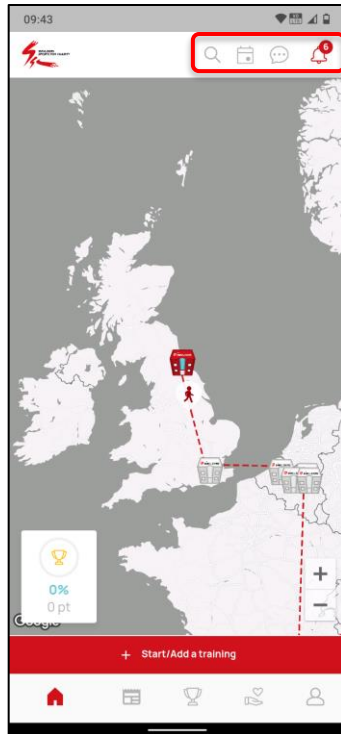
Clicking on the 2nd icon at the bottom will take you to the latest news page. Here you will find all the posts shared by your colleagues as well as the administrator's posts. These are pinned at the top so that all important information can be read immediately by everyone. Scroll down to see more posts. You can always respond to a message. You can also add a comment to a post.





To post a message yourself, click at the top of the bar. Choose who the message should be visible to, add a photo or video and tag a colleague. Then click the “publish” button.



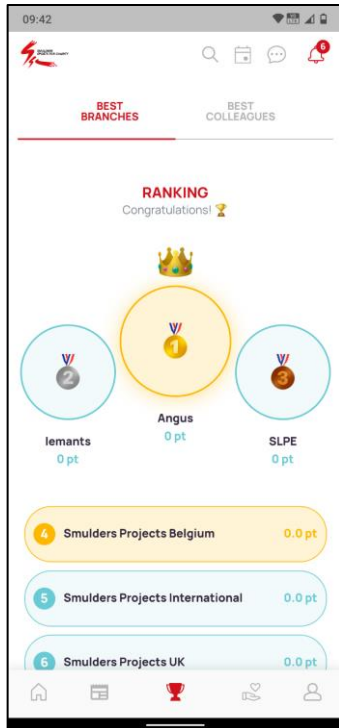


Click on the magnifying glass at the top to view a colleague's profile. You can search by name or by branch.

Click on the clock at the top to view your notifications.

Click on the calendar to view the events.





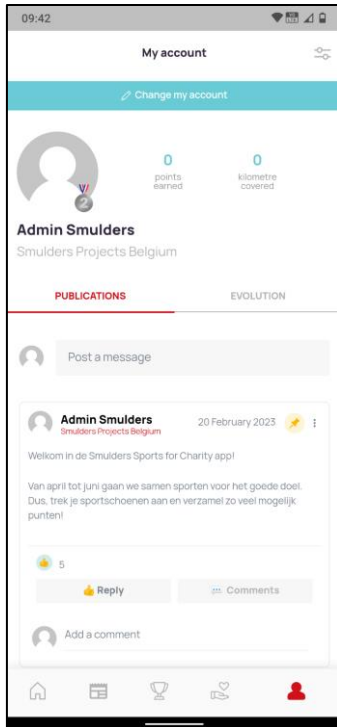
If you want to know how well your branch is doing in the challenge, click on the trophy at the bottom. Here you can see the rankings of the best sporting branches and colleagues.





In the app, you can also find more information about the charity we will be supporting.

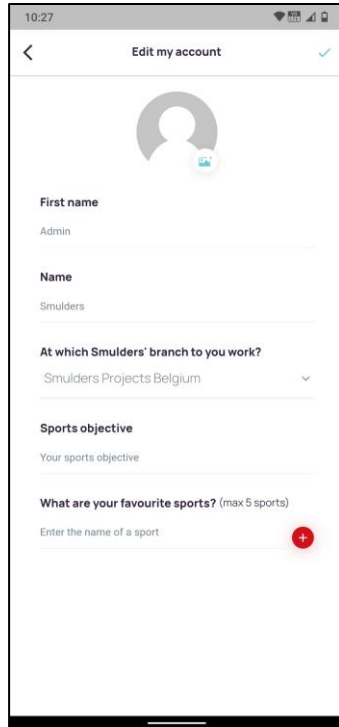
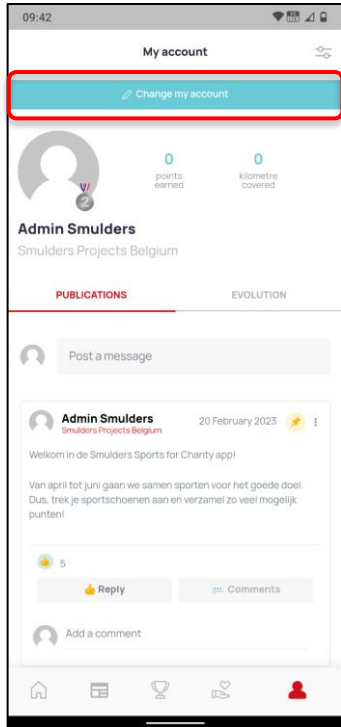




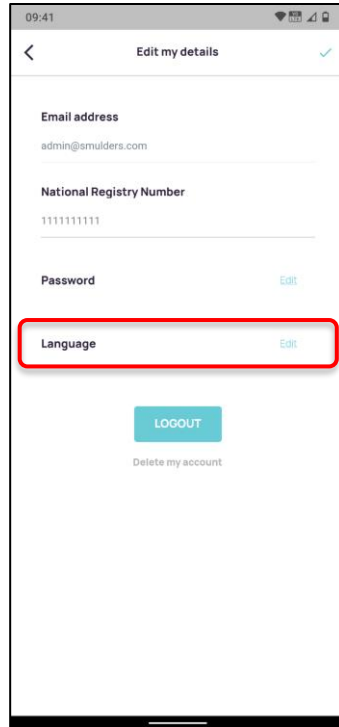
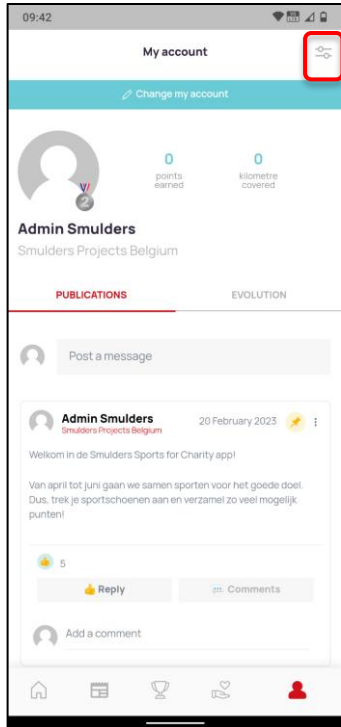
On your profile, you will find the number of points earned and kilometres travelled. You can see which posts you have already published yourself and how your sporting evolution is progressing.







At the top of the blue bar, click edit my profile. You can add a profile picture, sports goal and favourite sports here.



If you want to change the language of the application, click at the top right and select the appropriate language.

The app will be downloaded in the set up language of your phone (Dutch, Polish or English).

Do you have any questions related to the app? Then send them to [SSC@smulders.com](mailto:SSC@smulders.com).

